

Written by Lesli Mellinger

Ephesians 4:21 Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

Could you imagine if we all still wore diapers? Or if we all still wore our same clothes from Jr High? Some of us could pull it off, others couldn't. As we got older we changed so we stopped wearing diapers and stopping wearing stuff that probably doesn't fit us anymore. Well that's what God's asking us to do.

Take or throw off stuff, sin, that we don't need anymore. Stuff that doesn't fit us anymore because we belong to Him and it doesn't fit in His nature.

So what "stuff" are you still carrying around with you from before you were a Christ follower? What do you need to throw off? You are NEW! You don't need it anymore!